

Exercise 1 Dream BIG

Congratulations... Today you just won the imaginary lottery!

You are going to go out and buy your dream home. But first you have to figure out exactly what your dream home is like,

1. What does your dream home have?
2. What does your dream home not have?
3. What will you do at your dream home?
4. What will you not do at your dream home?

Remember money is no object here! So if it includes a bat cave or sub port for captain Nemo's ship all the better!

Keep in mind exactly what you are going to do at home. Are you going to watch movies in your theater? How about play tennis in the tennis courts?

Let's get started!

1. Find a quiet place free from distractions and turn off your cell phone.
2. Set a cook timer for 50 minutes
3. Turn to Pages 2 and 3
4. Write down everything that comes to mind answering the four questions.
5. Spend the ENTIRE 50 minutes



