

ROLE PLAY: APPROACHING FEAR@WORK



All participants, small groups



45-60 min

Divide participants into smaller groups' 4-6 members ideally. Present the following situation to the participants and ask them to choose among themselves 2 members of their team to simulate the given situation and what happens next (how would they approach the situation). All team members in each team brainstorm the situation and approach to be taken for 15 minutes, and 2 members simulate the situation in front of the plenary group for 10 minutes. After each group simulation analyze for 15 minutes the approach taken. After all simulations are done discuss and choose the best one with the participants.



Situation: *You are a boss of a small, but wealthy company. You love your new bought computer and do not let anyone use it. Yesterday you had a very successful day—sent your emails, check FOREX, and online bank accounts, watched a movie. Today you discover the computer won't start – it definitely has a virus. You are angry and want to punish the guilty. You also have urgent emails to send. You are an overworking and underpaid employee who is afraid of losing his/her job since you have 3 kids. You often work long hours and yesterday when everyone was gone you decided to use your boss computer to finish an important report. You also downloaded a funny video for the kids. Today you see your angry boss whose computer has caught a virus. You are in panic and decide not to tell anyone that you have used it.*



The exercise will engage brainstorming and creative thinking how to best approach the given issue. As a simulation of a real situation at work place it aims at helping participants realize the best strategy to combat fears at the work place.

M1 Instruction 9



HO-3 x 4 copies

