

OUR RULES



Brainstorming



3 minutes

The lead trainer explains to the group that it is necessary to agree on the rules that we will adhere to during the training. The first 3 rules are presented by the lead trainer, while the assistant trainer writes them down to the FC paper, and the other rules are proposed by the participants. When the rules are listed, the assistant trainer places them on the wall in a prominent place, where the rules will remain until the end of the training.



3 rules proposed by the lead trainer:

1. Do not be late, stick to the program
2. We freely engage in discussion, we freely ask everything we want, and we respect other opinions
3. We do not use a cell phone during training
4. ... now you continue ...



Introductory discussion to establish common rules that will be valid during the training.



FC paper, markers, crape tape