

END GAME: INVISIBLE FRIEND



All participants



7 minutes



Assistant trainer sticks an empty A4 paper on each participant's back, distributes pens, and the lead trainer instructs: "You have the opportunity to write something nice to your colleague/fellow participant, something you appreciate about him or her, something you like, something you have not had the opportunity to say to him/her yet. Make sure each one of you gets and writes a message. Do not sign in. Occasionally you can replace the pens, so that your message would not be recognized by the color of the pen." "When the trainer estimates that all messages were exchanged/written on participants' backs, he/she interrupts the game:" You can now take of the papers from your back and read what was said about you. May this be a gift and a memory you will take from this workshop.



Game ending the training in a positive mood.



- A4 paper (1 per participant)
- Markers or pens
- Crepe tape