

PLAY: A's & B's



All



5 minuts



Ask all the participants that each one, thinking for him(her)self, chooses someone in the room, who will be person A and some other person to be his person B. There are no criteria for determining, it is a personal thing, everyone should do it in him(her)self. When everyone make their choice, give them instruction that at the same time everyone move as closer as possible to their person A. Participants can move slowly or quickly, but they should not catch or hold a person. After a few minutes of blending, ask them now to move closer to their person B and away from their person A.



Warming up game.