

GAME: BOOM

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All



10 minutes

All participants stand in a circle. They are instructed to count out loud around the circle. Each person whose number is a multiple of 3 (3-6-9-12, etc.) or a number that ends with 3 (13-23-33, etc.) must say BOOM! instead of the number. The next person continues the normal sequence of numbers.



Example: The first person starts with 1, the next one says 2, and the person who should say 3 says BOOM! instead, and the next person says 4. Anyone who fails to say BOOM! or who makes a mistake with the number that follows BOOM! is disqualified. The last two participants left are the winners.

Note: To make this energizer more interesting, when a specific number is reached (e.g., 30) have the participants count backwards towards zero.



Warm up play to boost the energy after the break.