

TASK: MY EXPECTATIONS, AMBITION AND MOTIVATION



Individual work



15 minutes (10+5)

The lead trainer gives instructions that in the next 10 minutes, participants, each of them, reflect on their expectations of the job they dream about, the professional ambition and motivation that drives them. Then in the HO-2 form, they should display this in the pyramid of need, guided by the principles of Maslow's theory of motivation.



After 10 minutes, the lead trainer starts a 5-minute discussion.

Questions for discussion:

- Was it difficult for you to define your needs?
- Have you ever thought about your ambitions before, and did things change after thinking today?
- What did you conclude?
- Did something surprise you in the conclusions about yourself?



Through this task participants will learn to articulate their expectations, ambitions and motivation when seeking employment.



HO-2