

## GAME: MY GOOD NEIGHBOUR



Group play



5 minutes



The lead trainer gives instruction that everyone get in the circle. Then, participants have to turn to the person to his(her) left or right, to form the pairs. The pairs should look one to each other. Then the lead trainer gives instruction to pairs to hug each other, pat each other's shoulders and to say loudly, "My good neighbor!"

Then repeat the same thing in pairs with persons on your other side.



Participants will end the session in good mood.